

**TROY FAMILY DENTAL**  
**(618) 667-8020**  
**[www.TroyFamilyDental.com](http://www.TroyFamilyDental.com)**

### **Post-Operative Care for Fillings**

With composite (tooth-colored resin) fillings you may feel:

- Hot sensitivity that may last a few days
- Cold sensitivity that may last up to a few weeks but decreasing as the weeks go by
- Sensitivity to chewing
- Soreness from injection site
- Gum sensitivity

Composite fillings are hard and set up right away. You can chew on them immediately and have no restrictions but be careful while you are still numb.

After the numbing wears off, you may feel you are not biting correctly. Please call us so we can schedule a time for you to come in for a bite adjustment.

Good oral hygiene is important to help them last as long as possible.

Please keep in mind composite (tooth-colored resin) fillings do not hold up to overly acidic environments such as coffee, soda, fruit juices, especially orange, tomato, grapefruit juice.